

# Frozen

# Produce



Kemps  
**Ice Cream or  
Frozen Yogurt**  
132 Oz.  
**4.98**



Grape  
**Tomatoes**  
1 Pt.  
**1.28**



Tree Ripe  
**Peaches  
or Nectarines**  
1.98  
Lb.



Red, Yellow  
or Orange  
**Bell Peppers**  
2.48  
Lb.



Flav-R-Pac  
**Vegetables**  
10 or 12 Oz.  
**98¢**

# Dairy



Bagels Forever  
**Bagels**  
11.5 Oz.  
**98¢**



Philadelphia  
**Cream  
Cheese**  
8 Oz. Brick  
**2/\$3**



Minute Maid  
**Orange  
Juice**  
59 Oz.  
**2/\$5**



Dannon Whole Milk  
or Light & Fit  
**Yogurt**  
5.3 Oz.  
**48¢**



Shurline  
**Cottage  
Cheese**  
24 Oz.  
**2.28**



Shurline  
**Chunk  
Cheese**  
8 Oz.  
**2/\$3**

## SUPER SAVINGS



Minute Maid  
**Orange  
Juice**  
59 Oz.  
**2/\$5**



Dannon Whole Milk  
or Light & Fit  
**Yogurt**  
5.3 Oz.  
**48¢**



Shurline  
**Cottage  
Cheese**  
24 Oz.  
**2.28**



Shurline  
**Chunk  
Cheese**  
8 Oz.  
**2/\$3**

Capitol Centre Market Visit our website at www.capcentrmarket.com Phone: 608-255-2616

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Simply Done  
**Paper Towel**  
1.89

Wide Awake  
**Coffee K-Cups**  
12 Ct. Select Varieties  
**4.59**

Weight Watchers  
**Ice Cream Bars**  
6-12 Pk.  
**3.99**

Old Dutch  
**Tortilla Chips**  
13 Oz. Bag Assorted Varieties  
**2/\$5**

Shurline  
**Soft Margarine**  
15 Oz. Tub  
**1 FREE**  
With Separate \$20 Purchase  
With This Coupon

Limit 1 Free Offer Per Customer With Separate \$20 Purchase. Excludes: Potage Stumps, Laundry, Gift Cards, Bus Passes, Gift Certificates and Alcohol. Good only at Capitol Centre Market. Offer Good 7-23-18 thru 7-29-18. Limit One Coupon Per Customer.

Serving Downtown Madison Since 1983

Find us on Facebook

We Deliver! Order Online! Delivery is Free! Visit Us At capcentrmarket.com

Prices Good Monday, 7-23, Through Sunday, 7-29, 2018. We Reserve The Right To Limit Quantities.

Capitol Centre Market You'll find certified fresh meat meat cutters on site! Special orders are welcome!

Capitol Centre Market You'll find certified fresh produce conventional and organic produce! You'll also find fresh local options!

## Hot Summer Sale

Smithfield Prime  
**Whole Pork  
Tenderloins**  
2.98  
Lb.

U.S.D.A. Choice  
Black Canyon Angus  
Boneless  
**Top Sirloin  
Steak**  
4.98  
Lb.

Creekstone Farms  
U.S.D.A. Choice  
**English Style  
Beef Pot Roast**  
2.98  
Lb.

Hass  
**Avocados**  
Ea.  
1.48

Dole  
**Salad  
Blends**  
5-12 Oz. Bag  
**2/\$4**

Great For Shish Kebabs!

## Grilling Essentials

Hellmann's  
**Mayonnaise**  
30 Oz.  
**3.98**

Heinz  
**Ketchup**  
31 or 38 Oz.  
**2.88**

Bush's Best  
**Baked  
Beans**  
16 Oz.  
**4/\$5**

Pace  
**Picante  
or Salsa**  
16 Oz.  
**1.98**

Shurline  
**Peanut  
Butter**  
16 Oz.  
**2/\$3**

Propel  
**Water**  
24 Oz.  
**88¢**

CHEEZ-IT  
**Crackers**  
8 to 12.4 Oz.  
**2/\$5**

Xtra  
**Laundry  
Booster**  
15.4 Oz. or  
Sure Shot  
34 Ct. Packs  
**2/\$5**

General Mills  
**Cereal**  
12 to 18 Oz.  
Select Varieties  
**2.98**

Barilla  
**Baking  
Pasta**  
8 to 16 Oz.  
Lasagne, Manicotti  
or Jumbo Shells  
**1.68**

Special K  
**Pastries  
or Bars**  
5.28 to 7.38 Oz.  
**2/\$5**

Kraft Deluxe  
or Velveeta  
**Dinners**  
9.4 to 14 Oz.  
**2/\$6**

Kingsford  
**Charcoal**  
11.1 to 15.4 Lb.  
**7.98**

Kellogg's  
**Pop Tarts**  
21 or 22 Oz.  
**2.98**

Brownie  
**Brittle**  
5 Oz.  
**2/\$5**

## BAKERY

New French Bakery  
**Rolls**  
12 Oz.  
French, 9 Grain or  
Ciabatta  
**2/\$5**

Brownie  
**Brittle**  
5 Oz.  
**2/\$5**

## MEAT

Creekstone Farms  
U.S.D.A. Choice  
**English Style  
Beef  
Chuck Steak**  
3.48  
Lb.

Fresh!! Tender and Juicy  
**Whole Beef  
Tenderloin**  
6.98  
Lb.

Oscar Mayer  
**Lunchable  
Fun Packs**  
8.9 to 10.7 Oz.  
**2/\$4**

Farmland  
**Sausage**  
8 or 12 Oz.  
Links or Rolls  
**1.38**

Sheboygan  
**Brats or  
Italian  
Sausage**  
16 Oz.  
**2/\$5**

Gold'n Plump  
Boneless Skinless  
**Chicken  
Breast**  
2 Lb.  
**6.98**

Sugar Dale  
**Bacon**  
16 Oz.  
**3.98**

Oscar Mayer  
**Sliced Ham  
or Turkey**  
8 Oz.  
**2/\$4**

Fresh-Frozen  
**Whole Fryng  
Chicken**  
\*Previously Frozen  
**78¢**  
Lb.

Tender and Juicy  
**Beef Tenderloin  
Steak**  
**7.98**  
Lb.

## Summer Seafood Sale!

Sea Best  
**Cooked  
Shrimp**  
16 Oz.  
**7.98**

Sea Best  
**Tilapia  
Fillets**  
16 Oz.  
**2.98**

Sea Best  
**Cod  
Fillets**  
16 Oz.  
**4.98**

Seafarer  
**Crab Flavored  
Seafood  
Fillets**

Aqua Star  
**Wild  
Salmon**  
20 Oz.-2 Pk.  
**5.98**

**Perch**  
3.48  
Lb.

**Catfish  
Nuggets**  
1.38  
Lb.

Seafarer  
**Crab Legs,  
Flakes or  
Chunks**  
2/\$6  
16 Oz.